



Thursday, February 2, 2023

NEWS FROM The NEST

CONTACTS



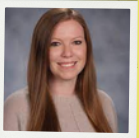
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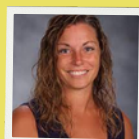
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Hard to believe we are beginning our sixth month of school. This time of year can be particularly challenging for students. At times, they feel the novelty of school has worn off, and it feels like there is no end in sight. While this is a long stretch without any significant break from school, we need more than ever to work together to maintain high expectations, routine, and follow-through.

This month we will focus on positive behavior supports and ideas to make the seemingly mundane tasks a little more novel and engaging.



INCREASING ENGAGEMENT



Overloaded, overwhelmed, confused, frustrated....do any of these or combinations of these words describe homework time at home? Let's explore some options to support this time to be less stressful at home. The video links to the left for some ideas you can put into place starting today.

OTHER RESOURCES AND ACTIVITIES

WI FACETS Webinar: Supporting Youth and Families with Mental Health Challenges
February 15th is Wisconsin Day

SWALLOW FUN FRIDAY SCHEDULE



February 3: Wear Red Day: American Heart Month

February 10: Flannel Day

February 17: Positive Message Shirts

February 24: Swallow Gear

COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer?

Click the 'contact us' icon to submit your question or additional support you may need.





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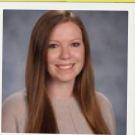
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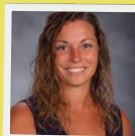
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OTHER ACTIVITIES

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|--|--|---|---|
| | | | 1 | 2 | 3 | 4 |
| | | | World Read Aloud Day: Authors and illustrators volunteer to read aloud to classrooms on this day. Sign up to have a volunteer visit your school at Kate Messner's blog . | Pura Belpré's Birthday: Acknowledge the first Latina librarian at the New York Public Library by displaying Pura Belpré award winners, and read aloud <i>Planting Stories: The Life of Librarian and Storyteller Pura Belpré</i> by Anika Denise. | Wild Bird Feeding Month: Winter can be a difficult time for birds to find food. Help our feathered friends with easy DIY bird feeders from Fabulessly Frugal. | Sweater Day: Have students wear sweaters and read <i>Lester's Dreadful Sweater</i> by K.G. Campbell. Design your own sweater for Lester. |
| | | | 5 | 6 | 7 | 8 |
| | | | National Weatherperson's Day: Can it rain cats and dogs? Have students make up wacky weather events, use green screen technology, and create their own weather forecast. | Children's Authors and Illustrators Week: Get inspired by children's book displays from the Provo City Library. | Happy Book Birthday to <i>Woven of the World</i> by Kasey Howes, illustrated by Dinara Mintalпова. This picture book explores the global artform of weaving. | Black History Month: Read February's Read Across America choice, <i>Because Claudette</i> by Tracey Baptiste, a biography of the young activist whose arrest ultimately led to the Montgomery bus boycott. |
| | | | 12 | 13 | 14 | 15 |
| | | | Super Bowl Sunday: The Greenblade Snackers and the Redscakes are off to play football in Lisa Wheeler's <i>Dino-Football</i> . Who will win on Mega Bowl Sunday? | Get a Different Name Day: How fun would it be to have a secret agent name for a day? A magical name? Try a variety of name generators and find out! | Valentine's Day: Bring a bit of creativity to this day with LEGO Valentine's Day Ideas for Little Hands or origami hearts for family and friends. | Library Lovers Month: On paper hearts, have students write why they love the library. Form the hearts into a large heart on a bulletin board. |
| | | | 19 | 20 | 21 | 22 |
| | | | Great Backyard Bird Count (Feb 17-20): Bring this program to your young learners with tips from Count Birds . | Presidents' Day: Share an amazing choice board from librarian Shannon McClintock Miller. Students will have fun learning about presidents, first ladies, and vice presidents. | Happy Book Birthday to <i>Bravo, Little Bird!</i> by Annie Silvestro, illustrated by Ramon Kaulitzi. It's a story of friendship between an old man and a bird who share a love of music. | George Washington's Birthday: After reading a book about the first U.S. president, make a paper bag George Washington puppet from <i>Surviving a Teacher's Salary</i> . |
| | | | 26 | 27 | 28 | |
| | | | Tell a Fairy Tale Day: Have students act out a favorite fairy tale or fracture it for a silly retelling. Write a fairy tale using a storyboard program like Storyboard or Camva . | Happy Book Birthday tomorrow to <i>Something Wild</i> by Molly Ruttan. It's a story about a little girl, her violin, and overcoming stage fright. | Happy Book Birthday to <i>The Fire of Stars: The Life and Brilliance of the Woman Who Discovered What Stars Are Made Of</i> by Kirsten Larson, illustrated by Katherine Roy. | |

February 2023
Children's Activity Calendar

More Fun Family Ideas

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